



I'm not a robot

































You know when you expect a relaxing All right uh it may feel a little pain a little pain okay if you are healthy yeah uh you don't have For the uninitiated, Instrument-Assisted Soft Tissue Mobilization can be one of the The Worst Pain! BREAKING DOWN HUGE MUSCLE KNOT Aggressive Massage Therapy (Shoulder Injury Fix) shorts Full Video : DISCLAIMER: THIS VIDEO In this video, watch as Dr Tyler releases the tightness in her shoulders. Watch the relief she gets after the treatment!