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nwhealth.edu/bloomington-clinic Ask a Provider: Sarah Weaver discusses how In this video you will learn many of the reasons people get 1. Depression and Anxiety 2. Neurotransmitter and Hormone Balance 3. Blood Pressure and Circulatory Issues 4. AlleviatingÂ ... Dr. Mark Olson, Ph.D., LMT is that rare bridge between the treatment table and the neuroscience lab. With an M.A. in EducationÂ ... Denise Baltimore of MassageLuxe in Carmel joined us to talk about the stress-relieving If you're ever feeling stressed or uncomfortable, why not give For more information please visit Vanessa Henderson, the Director of Pro Sports Club and Salon, shows Amity how just a few minutes a day can create positiveÂ ... Vagus nerve massage for stress and anxiety RELIEF