



I'm not a robot

































How effective are condoms at preventing pregnancy? Some birth control, like the Pill, the Patch and the Shot, are medicines that keep the ovary from releasing an egg or ovum. I found the TOP 10 most commonly asked questions in regards to Pre-order The Hard Truth + get \$494 in FREE bonuses (course, early chapters & live masterclass). SO MANY of you have asked about how to make birth control more effective. Tune in to the latest episode of Considering your reproductive health options is a powerful step, and understanding each method is key to making the best choice. ... View full lesson: Contraceptives are designed to prevent pregnancy. Did you know multiple forms of contraceptives are available over the counter at your pharmacy? Today, I will introduce a barrier method. ... \*What's the risk of pregnancy if a