



I'm not a robot

































Welcome to the Pai International Join us as we share our experience of living alongside monks at Pa Pae's 3 day you can watch the full video of my experience here: One of the nicest experiences in the north of Thaiger team member tells of his experience at a 10-day Vipassana In this video, Emma takes part in a peaceful and powerful Join us as we take you on a journey of mindfulness, inner peace, and self-discovery during our 3-day long Meditation Retreat at Wat Pa Tam Wua I have spent the past month in a monastery outside of Chiang Mai where I had the chance to learn about Vipassana ... introspective moments, the challenges faced, and the profound revelations that emerged during this intense A Look Inside A Spiritual Community Papae Every day, we run a race to make a place for ourselves in this hectic and fast-paced world. With our obsession to achieve ... The best (& worst) bits of 10 day silent Vipassana A few hours away from Chiang Mai, the second largest city in Find stillness in the heart of Pai Step away from the noise of daily life and immerse yourself in 7 days of