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Join us in this episode of Talking with Docs as we dive deep into the enigmatic world of Frozen Shoulder Massage Release (PAINFUL Area) If you're shoulder hurts, and we can help you fix it If you experience shorts What's App Dr Sarkar at 9903026262 Call Dr Sarkar at 9903426262. Hi! I'm Maria Natera and welcome to my YouTube channel, Here is a wonderful technique that has been proven to help BEST 3 EXERCISES FOR FROZEN SHOULDER Over the years I've had great opportunities and experience working with many top medical specialists and professional athletes.