



I'm not a robot



Our incredible massage therapist, Mary, is revealing how Amy is one of our incredible Vital Family moms. She's currently carrying her fourth child, but her first one under Are you pregnant and feeling stressed or overwhelmed? Our latest video talks about the amazing Women often come to our practice for a technique called the Webster Technique, which is a specific analysis and Kris Petrocco-Napuli DC, MS dives into the Caroline O'Neill gives some great insight to her first experience at Leesburg Sara Lyon is the founder of Glow Birth & Body, creator of The Birth Deck, and author of You've Got This: Your Guide to Getting ... Join Anita Lambert, pelvic health physiotherapist and Dr Sarah Mickeler, Dr. Wilbeck is going to give you an example of what getting adjusted looks like while you are pregnant. We get asked all the time if ... Dr. Kimberly Nelson has a passion for working with Check us out on Social Media and www.thehealthspines.com. One of the best parts about being a