



I'm not a robot

































I've got a bilateral malleolar fracture and a Maisonneuve fracture (well... I don't but my client does) that gained some impressive results. Here's a quick and effective self Today's video covers some of my favorite There is up to 70% chance for re- Helpful tips/drills to fix your old Many people don't realize that the "Famous" Physical Therapists Bob Schrupp and Brad Heineck describe the seven things you need to include when rehabilitating ... Ice SLOWS the healing process. Learn why today. Get my book on fixing