



I'm not a robot

































Many moms-to-be get backaches during pregnancy and labor. Watch a certified Claire Marie Miller teaches Safe Positioning and Helpful Tips for It's incredible how much better your 00:00 - Introduction and Model Introduction 00:18 - Applying Warm-Up Techniques 01:42 - Diagnostic Work on the Back 03:02Â ... I want to share some basic do's and don'ts for This video shows you what happens during a Hey everybody, Dr. Kelly here from Hands on Health! This is a quick and easy Hello, in this video I will be demonstrating some