



I'm not a robot



Chapters 0:00 Introduction 1:01 Causes of The average head weigh
12-15lbs • And for One of my faves for hypermobility and neck
instability + pain We're a clinic focused on making invisible
illnesses visible - join us on this journey! We help Chris sat down
with Q Willey to discuss all things physical preparation and belief
change. Q is a Physical Therapist and Coach,Â ...