



I'm not a robot

































How TO : Use Hot Stones on the upper back and neck In this video, Jay (RMT, Etobicoke Humber Family Clinic) uses a We have combined our previous step-by-step Discover the soothing benefits of Enjoy a calming and informative look at how a Shanti combines the therapeutic properties of traditional Want the FULL step-by-step training? Get instant access here: This YouTube video is only a preview. Debbie McKayle, director of reflexology education at Nature's Here is a short, informative demonstration of