



I'm not a robot

































We shot this promo video on the Panasonic GH5 Is your body sending you signals of tension and stress? It's time to listen and give yourself the gift of with a soothingÂ ... Dawn Morse of Core Elements Training demonstrates compression of the QL / Psoas common trigger point with the elbow. Fir theÂ ... Jacqueline Kern, PhD, RN, introduces From our 2020 Integrative Health & Wellness conference. "Wellness Is An Inside Job: At the Professional Institute of Are you ready to experience a transformation like never before? Welcome to our captivating video, " Explore the inspiring journey of a David B. Blum, LMT, CKTP discusses his practice and treatment philosophy.