



I'm not a robot

































Welcome to the Fasting and Longevity Summit 2.0! Ever feel like no matter what you do, you just can't seem to get a handle on your health? What if everything you thought you knew about health was wrong? In this eye-opening episode of Productivity Smarts, host Gerald ... Have you ever wondered why your Shawn & Janet Needham R.Ph. have Join us in episode 29 as we delve into the world of medical education with In this episode of the Mind-Gut Transform Your Health with Expert Insights