



I'm not a robot

































This free video explains how to do Deep Tissue Massage vs. Swedish Pelvic Alignment Techniques Advanced HUGE TRAP MASSAGE FOR NECK TENSION! In this video, watch as Dr Tyler releases the tightness in her shoulders. Watch the relief she gets after the treatment! Santa Cruz CORE Fitness + Rehab is a health, fitness and wellness center in Santa Cruz and Watsonville, CA ... Are you popping my pimple?!" If you sit at a desk all day, there is a good chance you are constantly shrugging your shoulders ... There are four major types of Swedish