



I'm not a robot

































Full Story -- -- A new study shows there are sustained, cumulative beneficial effects of repeated Relieving tension isn't the only For more information please visit If you're ever feeling stressed or uncomfortable, why not give For information about the lymphatic system, please visit Lymphatic drainage In this video, we explore the incredible Mercy's Donna Chang, RN, and Rosemary Scavullo Flickinger, LMT, discuss the