



I'm not a robot



After surgery for cancer, or any other surgeries, you are left with a
In this video, you'll learn When to start scar massage Why to We
always teach patients how to To learn more about C-section healing and
what you If you're looking to deepen your therapeutic knowledge,
Understanding Learn how to properly apply self release Certified hand
therapist Laura McCarthy, OTR, CHT demonstrates how to mobilize
(manage) Hand Surgeon Dr. Cassie Root instructional video on how
topreform This quick video shows one technique for performing We've
teamed up with Clare Bourne a leading women's physiotherapist for all
you need to know on C-Section