



I'm not a robot

































In a separate video I discussed how scientists have Disclaimer: I am not the doctor in the video. She is Dr. Hiroko Shimoda. I started sharing her videos in FB since it helped me, myÂ ... Watch the full video here: In this video, we're going to talk about the reasons behind Dynamic duo, Jing Directors Meghan Mari and Rachel Fairweather talk about the complexity of 3-day FREE Yoga Series for Chronic Pain: âœ” Having In this video I'll be showing you the effective, practical science based way to See the difference between typical foam rolling and an actual self