



I'm not a robot

































Mercy's Donna Chang, RN, and Rosemary Scavullo Flickinger, LMT, discuss the For more information please visit Music: Aero Musician: Gabriel URL: Full Story -- -- A new study shows there are sustained, cumulative beneficial effects of repeated De stress Lymphatic drainage Released muscle tension Improved flexibility • Improved recovery times I include itÂ ... There are more than 80 types of In Japanese, shiatsu means "finger pressure." For shiatsu One of the most flexible, convenient and comforting types of treatment is Here I explain the lymphatic system, a crucial bodily network for