



I'm not a robot

































Levator Scapulae Soft Tissue Mobilization Technique for Neck & Shoulder Pain My new book is out! It's called Do your clients have pain in their upper back, right near the Dawn Morse of Core Elements Training and Katie Campbell demonstrate Scapula Daniel is a healthy, active man with tension in the right side of the Hello. I hope you are well. on socials: The strap-like levator scapulae GUYS!! I need someone to help me film... Apparently focusing is not my strong suit. Think of it like a soft-focus dream-like stateÂ ... Discover the power of sub-occipital