



I'm not a robot

































Mercy's Donna Chang, RN, and Rosemary Scavullo Flickinger, LMT, discuss the health benefits of Swedish or deep tissue massage. Wondering whether you need a Swedish or deep tissue massage? Full Story -- -- A new study shows there are sustained, cumulative beneficial effects of repeated Chiropractic adjustment by Dr. Ryan Gleeson at Gorilla Chiro. : IG TikTok ... There are more than 80 types of TO ACCESS THE LINK IN THE VIDEO: