



I'm not a robot

































My new book is out! It's called Preparing for the MBLEx? In this video, you'll work through challenging MBLEx-style In the MBLEx Review Course today we cover a lot of ground. Part 1, Strategies to be successful taking the MBLEx. KnowledgeÂ ... A Continuing Educations Seminar. Join Susan Findlay in this new episode of The Muscle Whisperer Thoughtful In this webinar, I walk you through postural In this video, we review special orthopedic tests Dawn Morse of Core Elements Training demonstrates compression of the QL / Psoas common trigger point with the elbow. Fir theÂ ...