



I'm not a robot

































Lena & Scott Roberts have been business owners for 10 years and have been licensed About some of the Wonderful Warriors at LENA ROBERTS, SCOTT ROBERTS & ROMA OSTMAN APRIL 14, 2021 -- Scott returns to the podcast to share with us twoÂ ... Meet Lena Roberts, LMT! After working in the hospital industry for over 25 years, I saw how powerful touch was in all stages ofÂ ... Lena LMT & Reflexologist talks to us about What Is Reflexology with her husband Scott Roberts, LMT. Lena is one of our Reflexologists here at Steven has been in the healthcare & Happy World Reflexology Week! We traded a Scott for a Sam this episode and discuss the world of Reflexology and how it canÂ ... Hosts: Lena Roberts, Scott Roberts, and Roma! The Feel Better, Move Better, Be Better Podcast today discusses what broughtÂ ... Join Scott, Lena, and Roma on the discussion path for recognizing and finding tools to help those with PTSD. These past 14Â ... Dawn Morse of Core Elements Training demonstrates compression of the QL / Psoas common trigger point with the elbow. Fir theÂ ...