



I'm not a robot

































To learn more about how the College of AMTA wants to make sure you know Intake procedures, health history, proper draping, and communication between client and therapist are all important elements of a professional massage. Curious about what happens during a professional massage? Next time in the lab we'll be talking about what you can expect. Never had a massage therapy appointment before? Watch our video to learn more. In a recent poll, I learned that 80% of therapists get nervous before they meet a client. New to massage? Here's what to expect at your first appointment!