



I'm not a robot

































To find the path to long life and health, Dan Buettner and team study the world's "Blue Zones," communities whose elders We asked three unique and lovely centenarians what their Many of us have secrets we keep to ourselves throughout the Learn all about YOU at Where Do Atlantic Magazine contributing editor Gregg Easterbrook joins "CBS This Morning: Saturday" to discuss the consequences ofÂ ... At 96, Margaret Louise Carter thought she was searching for the secret to MESA, Arizona - Good old father's advice and simple foods are credited with helping a Valley man reach a milestone birthday.