



I'm not a robot



This video shows the best techniques to help sciatica. These are taught on the VTCT Level 3 Part 2! This time with focus on the Brad and Mike demonstrate how to fix your In this video, renowned therapist Erik Dalton demonstrates an effective routine for treating If you'd like to learn more from me, I have affordable online courses available at www.coachkasie.com/online-courses. Your clients and clients will love this Dawn Morse of Core Elements Training demonstrates heavier pressure