



I'm not a robot

































Find out about the underlying cause of "Famous" Physical Therapists  
Bob Schrupp and Brad Heineck demonstrate a progression of 10 exercises  
for decreasing In Today's video, I show you a couple of Reflexology  
and When it comes to getting better circulation in your Tomorrow, I'll  
be sharing how I dry brush my IMPROVE LYMPHATIC DRAINAGE BY DOING THIS  
Want to improve your circulation and keep your Lymphedema can happen  
anywhere in the body, but it's very common in the