



I'm not a robot

































Jacqueline Kern, PhD, RN, introduces From our 2020 Integrative Health & Wellness conference. "Wellness Is An Inside Job: Dawn Morse of Core Elements Training demonstrates compression of the QL / Psoas common trigger point with the elbow. Fir theÂ ... In this episode, we dive into the power of In this video, we dive into the world of 'Healing touch' therapy used to aid patients going through chemotherapy at Mercy Hospital We shot this promo video on the Panasonic GH5 in Vlog and exported in 4K HDR. Our first try at a 4K HDR video.