



I'm not a robot

































yep, i completed it try Headspace for free for 30 days: and use code:  
UNJADED ... In this video, I share my transformative I'm so happy to  
be back!!! Sorry for the sound- ac is very loud but without it it's  
very hot! Thank you guys for watching, and please ... Vipassana  
Meditation Retreat Experience 0:00 Why I did it 3:25 The centre 8:18  
The effects 14:44 How I feel 3 years later 20:00 Should you do one?  
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