



I'm not a robot

































Dawn Morse of Core Elements Training demonstrates compression of the QL / Psoas common trigger point with the elbow. Fir theÂ ... There are more than 80 types of Mercy's Donna Chang, RN, and Rosemary Scavullo Flickinger, LMT, discuss the âž± : âž± Kev's Insta: âž± TikTok: mikiraiofficial +Â ... John Gibbons is a registered Osteopath, Lecturer and Author and is demonstrating aÂ ... Erector & QL Massage for Low Back Pain Levator Scapulae Soft Tissue Mobilization Technique for Neck & Shoulder Pain In this video, we'll explore the key differences between medical and Denise Baltimore of MassageLuxe in Carmel joined us to talk about the