



I'm not a robot

































My new book is out! It's called *Massage Is Weird: Are you a Levator Scapulae Soft Tissue Mobilization Technique for Neck & Shoulder Pain*. John Balletto LMT, CKTP shares his Jeffrey Forman Ph.D, NCTMB, CMTc shares his self Injury is common among manual therapists, including Relax and rejuvenate with these simple body Meet Michael, one of our talented therapists, as he shares the story behind his passion for Today's video covers a wrist flexor muscle mobilization technique that can Feeling overwhelmed and overbooked? Juggling appointments, admin tasks, and