



I'm not a robot



Coach Elmira teaches Body Basics for 3/4 Note» 1/2 Note, 1/4 Note... 1/8 Note
1/2 Note, 3/4 Note, 1/4 Note, 1/8 Note, 1/16 Note, 1/32 Note, 1/64 Note. Song: Heart of
Courage (Dance Remix) by Two Steps From Hell.