



I'm not a robot

































Part 2! This time with focus on the low My new book is out! It's called Help Support This Channel @ 130+ Exclusive Videos @ Dawn Morse of Core Elements Training demonstrates heavier pressure Ready to become a better therapist? Enroll in the Myofascial Expert Course today:Â ... : maxkingfitness Hi Guys , thanks for stopping by and watch my videos. In this video I will show how I work the rotatorÂ ...