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Full Playlist: - - Like these Massage lessons !!! theÂ ... Chapters
0:09 Introduction 1:11 what are the benefits of Start Fixin Yo' Self -
Who do you know that is LIKE & SHARE this reel to all the pregnant
mums out there! [sleeplessness A recent study by midwives has shown
that In this short video Sarah Das registered midwife Doula and
Reflexologist Tess Williams (Gentle Hand - Birth Services) discusses
the benefits of As a Therapeutic Reflexologist specializing in
Pregnancy, this video gives details of the benefits of Wondering if
it's safe to work on ankle points Claire Marie Miller teaches Swollen
Leg Relief