



I'm not a robot

































Active release technique (ART) for neck pain Dr Brian Gervais demonstrating Active Release Technique ART Cervical Spine Dr Ian performed "pin and stretch" In this video Garry demonstrates some seated Any muscle that is treated is shortened, and as the patient moves, the doctor holds pressure against the tissue throughout theÂ ... What is Active Release Technique (ART)? LOUD neck adjustment and Active Release Technique (ART)! Do you wanna see a magic trick? Here at Barefoot Rehab, we have the talent of making our patient's chronic Levator Scapulae Soft Tissue Mobilization Technique for Neck & Shoulder Pain