I'm not a robot

A Day in the Life of a Massage Therapist Jim Granger, Director of Somatic Studies at Health-Choices By Dr Jason Tirado DC. Hey Crackamaniacs! Dr. Tirado here with another great chiropractic adjustment! Comment down belowÂ ... In this video I explain why I love being a In this video, we're demonstrating the use of Graston Technique Are you sore or achy from all the summer fun (we hope) you are having?! Head into the to our channel for more tips and exercises! ---------- â–» Website / Book withÂ ...
First time trying out a vichy shower. Would you give this a try? â€•â™‚ï¸• Benefits are to increased blood circulation, reduce toxinsÂ ... What are the health benefits of