



I'm not a robot

































Effleurage is an IMPORTANT foundational technique for any basic Apply at The Soma Institute to jumpstart a new Watch Soma Program Director and faculty member, Mike Hovi, explain the Soma Approach to What are these different types of The SOMA Institute offers 11 month and 15 month October is Breast Cancer Awareness Month and Kari Boyd is a Wondering whether you need a Swedish or Clinical Massage Beaumont Integrative Medicine Dr. Ross Turchaninov is a renowned For information about the lymphatic system, please visit Experience deep relaxation and improved posture with a