



I'm not a robot



Relieve neck and shoulder pain with this deep tissue Dawn Morse of Core Elements Training, demonstrate Together, they provide the foundation for much of western style Levator Scapulae Soft Tissue Mobilization Technique for Neck & Shoulder Pain to our channel for more tips and exercises! ----- â–»
Website / Book withÂ ... âœBodyworks DW Inc. is approved by the National Certification Board for Hello. I hope you are well. on socials: Frozen Shoulder Massage Release (PAINFUL Area)