



I'm not a robot

































SwedishBackMassageVideo In this 'How To' demonstration video, you'll be takenÂ ... Dr. Krause D.C. shows how to do a Dawn Morse of Core Elements Training demonstrates compression of the QL / Psoas common trigger point with the elbow. Fir theÂ ... We get a ton of questions when it comes to Okay all righty so we are doing the back of the legs Series in A basic friction and percussion massage of the leg designed to What's up guys so today we're going to take a look at into the