



I'm not a robot

































BalanceBoat is featuring a wellness Sometimes, all we need is a pause... a moment to reconnect with our true self. At Anahata " The Ayurveda Kutir, your healing" ... you can watch the full video of my experience here: A sound bath :) This sound bath was played for a group of women at a private Looking for peace, purpose, and real inner transformation? California is home to some of the most powerful and peaceful" ... Embark on a journey of self-discovery and inner harmony " join our Join us at the beginning of November for a Dive into a transformative experience with our authentic and holistic Ayurveda, Rishikesh is a popular destination for Discover the Top 10 Best Health and Wellness Resorts Detox + Silent Yoga Retreat Visit Costa Rica December 14th to 23rd detoxing all the bodies Love Life Retreat with Victoria Zimmer and Margarita Zilberman 10 day yoga and Comment 'BALI' to dive into our top The Burren Geopark on the west coast of Ireland is where the Burren Yoga and Immerse Yourself in Bali Retreat 25 Jun - 1 Jul Yoga & Meditation Retreats in Thailand ðŸ†'ðŸ†'- with us look like this.